# People Who Have a Systemic or Chronic Health Condition

# Access Information Form

**This form has 20 questions about your daily living as someone who has a systemic or chronic health condition**. **Each question has a space afterwards to type in your response. This information will start our discussions with you in planning for any access or resources you will need while on the international program; it is not meant to diagnose or create a treatment plan.**

**Confidentiality:**

You are not required to answer any or all of these questions. Information that you provide on this form will remain confidential and will be used to ensure your full participation in the international exchange program.

**Alternate Formats:**

If you would like to provide or receive information other than in this form, such as:

* In-person interview
* Conversation via phone or video
* Other formats

Contact \_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_ to make arrangements.

**Questions:**

All questions or concerns can be directed to \_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (Include phone AND email option)

# Write Your Name:

## In your own words, please describe your condition.

# 

# Assistive Devices & Activities

## Do you need any aids or devices to assist you? Frequently, sometimes or never?

### If so, please describe, and explain the maintenance you need for these and how often.

## Do you use any walking aids, wheelchairs or adaptations to accommodate your condition?

## Do you do activities on a regular basis that help accommodate your condition?

### If you do engage in activities, do you need any assistance when engaging in these activities?

## Do you use a laptop computer?

### Will you bring your computer with you while you are abroad?

### What software or applications do you use and in what situations do you use them?

## Will you use a smartphone?

### Will you bring your computer with you while you are abroad?

### What software or applications do you use and in what situations do you use them?

# Medical Care

1. Has your medical health professional given you either a stable or improved report of your condition?

## Do you need to bring medical documents with you while you are in the program?

### If so, do you have those documents translated into the country’s language?

## Can you describe your history of hospitalization if any?

### If so, how long were you hospitalized and what may be needed should you require hospital care abroad?

## Do you have any medication that you need to take on a regular basis?

### If so, will you take this medication while you are abroad?

### If so, will you be able to take enough medication with you for the entire time you are abroad?

## Do you need to regularly keep in contact with a doctor while you are traveling?

### If you so will you keep in contact with your doctor at home?

### If you will keep in touch with your doctor at home, will you do so via phone, email, Skype, etc.?

### If so will you need a local doctor where you will be traveling?

## **Are you currently seeing anyone from the mental health profession regarding your** **condition?**

### If so will you continue to communicate with this person while you are abroad?

### If so will you need to communicate with a mental health professional located abroad?

# Aggravating Your Condition

## Do you have anything that might trigger the aggravation of your condition?

### What would you usually do in those situations?

## If your chronic health conditions are significantly aggravated while you are in the program, what has your medical health professional suggested as your course of action?

## If you have ever experienced an aggravation of your chronic condition in the past, were you able to continue your studies or work with accommodations?

### If so, what accommodations did you need?

# Studying

## Do you prefer sitting in a particular seat (in front, in the back on a particular side of the room, etc.) or other arrangements when you are in a group setting?

### If yes, please describe where you prefer to sit or other arrangements in a group setting, and in which situations you find it helpful.

## In your studies or work, do you typically have an accommodation when attending class or meetings, fulfilling assignments, or taking exams?

### If you do typically have an accommodation, is it a notetaker, reader, extended time (if so how long), private room, supervised breaks, etc.?

# Other Accommodations Or Services

## Please describe any other tools or services you use to improve accessibility that were not mentioned above.

## Are there any tools or services to improve accessibility that you prefer not to use? Any that you would like to learn to use? Please describe.

## Please tell us anything else that we need to know about how you do things or your access needs.

**This form was produced by Mobility International USA,** [**http://www.miusa.org**](http://www.miusa.org) **with thanks to John Dennis, PhD, Professor, Psychologist, and Melioravit Consultant.**