# People Who Have Learning Disabilities or Attention Deficit/Hyperactivity Disorder Access Information Form

**This form has 14 questions about your daily living as someone who has, or may have, a learning disability (LD) and/or attention deficit hyperactivity disorder (ADHD). Each question has a space afterwards to type in your response. This information will start our discussions with you in planning for any access or resources you will need while on the international program; it is not meant to diagnose or create a treatment plan.**

**Confidentiality:**

You are not required to answer any or all of these questions. Information that you provide on this form will remain confidential and will be used to ensure your full participation in the international exchange program.

**Alternate Formats:**

If you would like to provide or receive information other than in this form, such as:

* In-person interview
* Conversation via phone or video
* Other formats

Contact \_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_ to make arrangements.

**Questions:**

All questions or concerns can be directed to \_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (Include phone AND email option)

# Write your full name:

# General Disability Information

## In your own words, please describe your disability.

### Do you have any documentation or information from a professional about your disability?

### Did you have support, services, or accommodations in your workplace, school (such as in the U.S. an IEP or 504 Plan) or university/college classes?

# Reading, Writing, and Math

## Do you have any difficulty reading (example: decoding new words, understanding what you read, or reading quickly)?

## If yes, do you use strategies, supports, or assistive technology for this?

### Do you use a human reader?

#### If yes, in what situations do you use a human reader?

#### Typically, who is your human reader?

### Do you use assistive technology for reading?

#### If yes, please describe what you use and when you find this helpful.

#### Where do you typically get the audio or electronic format of your reading material?

#### Will you be bringing the software and equipment with you?

### Are there other strategies you find helpful? Explain.

## Do you have any difficulty writing (example: writing quickly or legibly, organizing your thoughts in writing, or using grammar and spelling rules correctly)?

## If yes, do you use strategies, supports, or assistive technology for this?

### Do you use a human scribe or notetaker?

#### If yes, in what situations do you use a human scribe or notetaker?

#### Typically, who is your human scribe or notetaker?

### Do you use assistive technology for writing or spelling?

#### If yes, please describe when you find this helpful.

#### Which software do you use?

#### Will you be bringing the software and necessary laptop or tablet with you?

### Are there other strategies you find helpful? Explain.

## Do you have difficulty with math (for example, remembering basic math facts, calculating numbers, or writing numbers accurately)?

## If yes, do you use strategies, supports, or assistive technology for this?

### Do you use a calculator?

#### If yes, please describe when you find this helpful.

#### Will you be bringing the calculator with you?

### Are there other strategies you find helpful or could use if a calculator is not allowed or unavailable? Describe.

# Processing/Understanding Information

## Do you use supports or assistive technology for listening?

### Do you use audio recording to support listening comprehension?

### Do you use an Assistive Listening Device (ALD) or FM system?

### Do you use a Smartpen or other assistive technology to support listening comprehension and notetaking?

#### If yes to any of the above, please describe the support you use, and in which situations you find it preferable.

#### Will you be bringing it with you?

### **Are there other strategies you find helpful? Explain**.

## Do you use supports or assistive technology for processing speed?

### Do you require additional time on some tasks?

### Do you need spoken information repeated?

#### If yes to either of the above, in what situations do you need this support?

## Do you use supports or assistive technology for navigating directions in a new location?

### How comfortable are you finding your way around a new setting?

### Do you use hard copy maps?

### Do you use a gps?

### Do you use phone apps?

### Do you usually rely on other people for directions and getting places?

### Do you use other strategies or supports to navigate in a new location?

#### If yes to any of the above, in what situations do you need this support?

### Do you have experience using public transportation? How comfortable are you using public transportation independently? Describe previous experiences.

# Organization

## Do you use supports or assistive technology for time management and schedules (during travel and onsite)?

### Do you use phone apps, electronic alerts, or alarms to help you keep track of time and appointments?

### Do you use a planner, apps, phone, or other technology to keep a daily or weekly schedule?

### Do you use written lists, post-its or other strategies to prioritize your work?

#### If yes to any of the above, in what situations do you use this support?

### Are you familiar with 24-hour time that is used on many travel schedules (or if coming to the U.S. are you familiar with the 12-hour AM and PM clock)? Explain your understanding of international time zone changes.

## Do you use supports or assistive technology for organization of materials and possessions?

### Do you use strategies or supports to keep track of important documents such as passports, personal identification documents, or travel tickets?

### Do you use strategies or supports to keep track of important information such as contact information, personal passwords, or travel reservations?

#### If yes to either of the above, what strategies do you use?

#### In what situations do you use this support?

## Do you use supports or assistive technology for budgeting and managing money?

### Have you had any experience using different money currency?

### Do you use strategies or supports for managing your money?

### Do you use strategies for keeping a budget?

#### If yes to any of the above, in what strategies do you use and in what situations do you use this support?

# Focus and Attention

## Do you use any of the following supports or assistive technology for maintaining attention?

### Preferred seating location

### Building in breaks

### Alternating types of tasks

### Working in a quiet environment

### Reducing distractions in the environment

### Other?

#### If yes to any of the above, describe the strategies you use, and in what situations you find this helpful.

## Do you use prescribed medication to support your focus and attention?

### Will you be using medication while abroad?

### When do you find the medication helpful?

### Have you researched tips on bringing medication into the country where you will be traveling?

#### Do you need a letter explaining about your travel plans to provide to your insurance?

#### Do you know how to pack your medication for international travel?

#### Do you have a contingency plan if the medication were to get lost, ruined, or stolen?

#### Do you have travel health insurance and if so what does it cover?

#### What still needs to be done?

# Other Supports

## Do you use other learning supports?

### Do you typically use tutoring services for some academic courses?

### Do you typically use a study group or partner for some academic courses?

### Do you work with an LD specialist on study or academic strategies, such as test taking, time management, or technology use?

### Do you work with an ADHD coach to support you with academic and life management?

### Do you use any individual study supports or technology to assist your learning?

#### If yes to any of the above, describe your learning supports, and in what situations you find this helpful.

### Describe the strategies you use to study and prepare for a test.

## Are there other supports, technology, or strategies that you use to improve accessibility that were not mentioned above?

### Please describe these strategies.

### In what situations do you find them useful?

**This form was produced by Mobility International USA,** <http://www.miusa.org> **with thanks to Sally Scott, PhD, Consulting (former Director of Disability Resources and Associate Professor of Education at University of Mary Washington).**